



24hr Loomis Urinalysis Sample Collection

Internal use only

Step 1 Practitioner Information

Name:

Address:

City/State/Zip:

Report Fax or Email:

Step 2 Client Information

*Name, Age, Gender Required

*Last Name:

*First Name:

Code:

*Age:

*Gender:

Height:

Weight:

Step 3 Select Tests

Check box next to test(s) to be performed

24hr Loomis Urinalysis

Quick Heavy Metal (Cu,Zn,Cd,Pb,Hg,Ni)

Retest MUST provide last Case #

Step 4 Preparing for the Collection

Check with your health care provider prior to discontinuing any prescription(s) and Over The Counter (OTC) drugs, vitamins, minerals and herbal remedies.

- Please Note if you are collecting sample during menstruation YES/NO
- Please eat and drink normally
- Freeze the cold pack(s) now

Note: Please begin your collection early in the week so that your specimen can be returned and submitted to the laboratory before the weekend.

Step 5 Missed a Collection?

If you miss a collection, the collection process will need to begin again.

Tip: Best to ship Monday - Thursday

Step 6 The Collection Period

Note: Collecting in a non-medical 3000mL collection container or not properly refrigerating or not shipping the sample in a timely manner may cause the the sample to test positive for nitrates. Please use an ice bucket for sample refrigeration.

The 24-hour collection period begins when you get up in the morning and empty your bladder.

Discard the first morning urine. Write the date and time here (when the specimen was voided and discarded).

Using the collection container collect all urine voidings, day and night, for the next 24 hours. Exactly 24 hours after you started the test, urinate one last time and pour the urine into the storage container. This is the end of your test. Write this date and time here .

Please record total 24hr Urine Collection volume here found on the side of the orange collection container mL

Please indicate here if your sample was less than 600 mL . NOTE: If you excrete more than 3000mL, check here see instructions.

Only for those voiding OVER 3000mL when using the orange collection container

Invert the full 3000mL collection container 3+ times and and pour off urine to the 1500mL mark on the side of the orange container and check here . When finished collecting write the final total that is on the side of the orange container here mL.

Step 7 Example

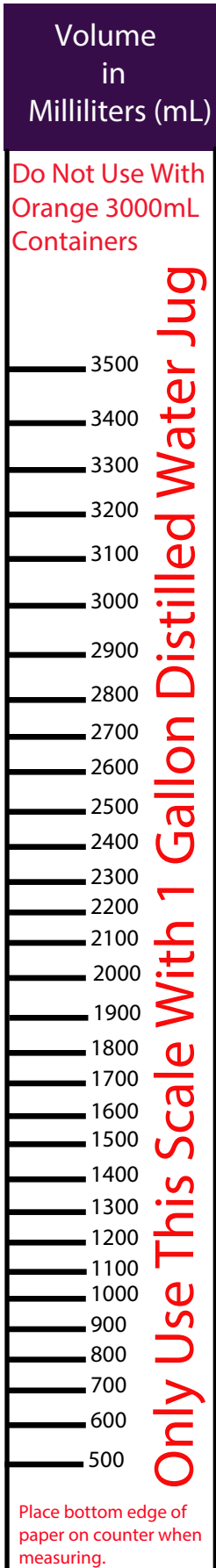
If you awaken at 7 a.m. on the day you will begin the 24-hour collection, urinate into the toilet and write the date and "7 a.m." in the "Collection Started" space. Collect all urine during the day and night for the next 24 hours, pouring each collection into the container. Set your alarm to awaken the next morning at 7 a.m. Urinate into the cup and pour the urine into the container. Test is now complete.

Step 8 Packing the Sample

- Go to your urine kit and get the sample cup and fill out the information on the label.
- Slowly invert the total sample 3 to 4 times to properly mix the sediment of the sample.
- Fill transfer cup and secure lid tightly.
- Place sample cup in the portion of the bio-bag from which you retrieved it along with the absorbent towel and seal the bio-bag.

MRL tests human specimens but does not report patient specific results for the diagnosis, prevention or treatment of any disease or impairment of, or the assessment of health of, individual patients. Only a physician can diagnose a disease. Samples collected and received not in accordance to our instructions may be rejected. All sales are final.

24hr Loomis Urinalysis Shipping Instructions



Step 1

Make sure every step is filled out.

Step 2

Fill out the date you shipped kit, here

Step 3

Remove the cold pack(s) from freezer and place them in the shipping box. Note these are not intended to freeze the sample, rather chill the sample.

Step 4

Please only ship the items we sent you and DO NOT include anything else.

Step 5

Place this form called the requisition / instructions in the pouch portion of the Bio-bag that does not contain the sample cup and paper towel.

Step 6

Place the Bio Bag into the shipping kit with the cold pack(s) and secure lid with tape.

Step 7

Place a return shipping label on the Clinical lab pack. You may use the shipper of your choice. Overnight shipping is recommended.

Step 8

Place the shipping kit into the Clinical lab pack.

Step 9

Drop the sealed lab pack of at a shipping location.

Step 11

Note: Depending on the test your doctor has ordered, you may be asked for a blood sample when you return your 24-hour urine sample. Schedule with your practitioner seven business days from laboratory receiving sample and we look forward to retesting you in 90 to 120 days or as indicated by your practitioner.

Tip: Best to ship Monday - Thursday



Place and hold the scale, at left, against jug with the bottom edge of paper on counter. Circle the mark closest to top of fluid level.

This scale was created using a 1 gallon / 3785.41mL Great Value distilled water container.